

# EMS Clinician Return to Work Guidance if Quarantined for COVID-19 Symptomology (Updated May 4, 2020)

Individual Confirmed or Suspected of COVID-19 who experienced symptoms

Test-Based Strategy  
Exclude from work until ALL of the following are met:

Resolution of fever without the use of fever-reducing medications ✓

Improvement in respiratory symptoms (e.g. cough, shortness of breath) ✓

Negative results on two COVID-19 tests taken at least 24 hours apart ✓

Symptom-Based Strategy  
Exclude from work until ALL of the following are met:

At least 72 hours since resolution of fever without the use of fever-reducing medications ✓

Improvement in respiratory symptoms (e.g. cough, shortness of breath) ✓

**NEW** At least 10 days have passed since symptoms first appeared ✓

## Notes:

After returning to work, EMS clinicians should wear a facemask at all times until all symptoms completely resolve or until 14 days after illness onset, whichever is longer. They should also attempt to avoid contact with severely immunocompromised patients until 14 days after onset.

For More Information:



Note: Interim guidance and is subject to change. Information current as of May 4, 2020

